

Time Schedule for UMass Lowell Invitational

Saturday March 30, 2024

Field Events:

- 10:00am Men's Hammer followed by Women will be thrown in the cage
Javelin Follows Hammer (Women followed by Men)
Women's Discus followed by Men
Pole Vault (Women followed by Men)
- 11:00am Long Jump (Men and Women same time)
High Jump (Men followed by Women)
- 12:00pm Women's Shot Put followed by Men
- Follows LJ Triple Jump (Women and Men at the same time)

Track Events: (Women followed by Men)

- 11:00am 4x100m
Steeplechase (Men followed by Women)
100m Hurdle Final on time
110m Hurdle Final on time
1500
100m Final on time
400m
800m
400m Hurdles
200m
3000m
4x400m Relay